

CIRCULAR

Indian Institute of Public Health Shillong

COVID 19 ADVISORY FOR STUDENTS

Students are advised to follow the following public health measures and protocols in the campus premises to reduce the risk of COVID-19:

1. The Government of Meghalaya (GoM) through its notification has stated that all educational institutes in Shillong conglomeration will remain closed up-to 3rd of May, 2021
2. The Indian Institute of Public Health Shillong (IIPHS) has been considered an important partner of the state government for the response to the current COVID- 19 pandemic and has been permitted to function as necessary. In this regard the government expects that the Institute plays a major role supporting the Government in the management of the COVID-19 pandemic.
3. IIPHS will be supporting the GoM in conducting cross sectional surveys, needs assessment studies, audits and data analysis for which we encourage support from the MPH students. This experience will be a beneficial exercise for the students and it is strongly recommended that students participate and learn from this opportunity.
4. Participation in such activities will be reflected in the transcript.
5. We intend to resume normal academic activities from 4th of May, 2021, unless otherwise notified by the GoM.
6. Considering the current state of the pandemic, it is advisable to restrict all non-essential travel.
7. Students may contact the Faculty and staff of IIPHS for any health related or other emergencies if needed.




Director

Indian Institute of Public health

Annexure

The students are advised to adhere to following:

- a. **MAINTAIN PHYSICAL DISTANCING** of at least 6 feet to be followed as far as possible.
- b. **USE FACE COVERS/MASKS** compulsorily.
- c. **WASH HANDS** frequently with soap or use alcohol-based hand sanitizers.
- d. **FOLLOW RESPIRATORY ETIQUETTES** strictly. This involves strict practice of covering one's mouth and nose, while coughing/sneezing, with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
- e. **AVOID GROUP ACTIVITIES** (both formal and informal), cultural activities, meeting etc. However, such extracurricular activities may be allowed where physical distancing is feasible.
- f. **DO NOT SPIT** in Public Places.
- g. **SELF-ISOLATE AND REPORT** to the institute authorities and health department in case of any symptoms of COVID-19.
- h. **ENSURE THE NORMS OF PHYSICAL DISTANCING**, sanitization and hygiene in using common facilities
- i. **DO WEAR ID CARDS** in the campus and produce it for verification.
- j. **GIVE SUPPORT TO YOUR FRIENDS** under stress due to COVID-19 pandemic.
- k. **THOSE HAVING SYMPTOMS** of fever, cough or difficulty in breathing are strictly prohibited from entering the campus.
- l. **AVOID** unnecessary travel.
- m. **DO NOT** visit areas falling within containment zones.
- n. Over and above the advisory mentioned, students are expected to follow all **GOVERNMENT ADVISORIES** as notified from time to time
- o. **CONTACT FACULTY/STAFF IN CASE OF HEALTH AND OTHER EMERGENCIES.**



A handwritten signature in blue ink, appearing to be "J. K. Jha".

Director

Indian Institute of Public Health Shillong